

AGENCY	WEBSITE	CONTACT NUMBERS	CRISIS TEAM LEADERS
Clara Martin Center (CMC)	Emergency Mental Health Services in VT Clara Martin Center	(802) 728 – 4466 (800) 639 – 6360 (Crisis)	Kristen Briggs kbriggs@claramartin.org
Counseling Service of Addison County	Emergency and Crisis Services – CSAC (csac-vt.org)	(802) 388 – 6751 (802) 388 – 7641 (Crisis)	Matt Fox mfox@csac-vt.org
Health Care & Rehabilitation Services (HCRS)	Vermont Emergency Mental Health Services 24-Hour Crisis Services HCRS	(802) 886 – 4500 (800) 622 – 4235 (Crisis)	Becky Gilbert bgilbert@hcrs.org
Howard Center (HC)	I Need Help Now – Howard Center	(802) 488 - 6000 (802) 488 - 7777 (Crisis)	Brandi Littlefield brandil@howardcenter.org
Lamoille County Mental Health (LCMH)	In Crisis : Lamoille County Mental Health Services	(802) 888 - 5026 (ext. 1 for crisis)	Monique Reil monique.reil@lamoille.org (802) 730 - 4779
Northeast Kingdom Human Services - Saint Johnsbury (NKHS)	Emergency and Enhanced Emergency Services - Northeast Kingdom Human Services (nkhs.org)	(802) 748 - 3181 (802) 748 - 3181 (Crisis)	Tonya Davis TDavis@nkhs.net (603) 703 - 9252 Josh Burke JBurke@nkhs.net
Northeast Kingdom Human Services - Newport (NKHS)	Emergency and Enhanced Emergency Services - Northeast Kingdom Human Services (nkhs.org)	(802) 334 - 6744 (802) 334 - 3744 (Crisis)	Tonya Davis TDavis@nkhs.net (603) 703 - 9252 Josh Burke JBurke@nkhs.net
Northwest Counseling and Support Services (NCSS)	Counseling Services Mental Health Support Support Services for Family and Children Northwestern Counseling & Support Services (ncssinc.org)	(802) 524 - 6554 (802) 524 - 6554 Ext. 1 (Crisis)	Tony Stevens astevens@ncssinc.org (802) 393 - 0674
Rutland Mental Health Services (RMHS)	Rutland Mental Health Services - Community Care Network (rmhscn.org)	(802) 775 - 2381 (802) 775 - 1000 (Crisis)	Loree Zeif lzeif@rmhscn.org (802) 779 - 4383
United Counseling Services (UCS)	Emergency Services - United Counseling Service (ucsvt.org)	(802) 442 - 5491 (Bennington) (802) 447 - 0860 (Manchester)	Rachel Munoz RMunoz@ucsvt.org (802) 318 - 5390
Washington County Mental Health Services (WCMHS)	Washington County Mental Health Services (wcmhs.org)	(802) 229 - 1399 (802) 229 - 0591 (Crisis)	Karen Kurrle karen.kurrle@wcmhs.org (802) 839 - 0326

Other available crisis supports in	Website	Phone number
Pathways Vermont Support Line	Get Support - Apply for Housing & Support Services - Pathways Vermont	(833) VT-TALKS / (833) 888-2557
Vermont 211	Get Ready for the Cold Season — VT 211 (vermont211.org)	211

Vermont Crisis Text Line	VT Crisis Text Line	Text "VT" to 741741
988 Suicide & Crisis Lifeline	Lifeline (988lifeline.org)	Call or text 988