VERMONT & FEDERAL MAINSTREAM RESOURCES

VERMONT 2-1-1 (a program of United Ways of VT): Info & referral services for local, state, federal and faith-based resources. Simply dial 2-1-1 or https://www.navigateresources.net/211vermont/

VT COMMUNITY ACTION AGENCIES: Simply dial 2-1-1 in VT to locate nearest agency

BENEFIT PROGRAMS: Access state benefit programs: https://dfc.vermont.gov/benefits
BENEFIT FINDER: Access federal benefit programs: https://www.benefits.gov/

SOCIAL SECURITY DISABILITY INCOME (SSDI): https://www.ssa.gov/benefits/disability/
  • VT SOAR State Team Lead, Brian.Smith@Vermont.gov, (802) 241-0116
SUPPLEMENTAL SECURITY INCOME (SSI): www.ssa.gov/ssi/

VT AFFORDABLE RENTAL HOUSING: https://www.housingdata.org/find-rental-housing

VT STATE HOUSING AUTHORITY: Housing Choice Voucher Program, Managed Properties, Mobile Homes, Family Unification, VASH, RRH, Shelter+Care; 1-800-820-5119/www.vsha.org
MUNICIPAL PUBLIC HOUSING AUTHORITIES: Call VT 2-1-1 for contact info: Barre, Bennington, Brattleboro, Burlington, Montpelier, Rutland, Springfield, and Winooski

VERMONT FAIR HOUSING PROJECT: (802) 864-0099; fhp@cvoeo.org; www.cvoeo.org
VERMONT LEGAL AID: 1-800-889-2047; www.vtlegalaid.org

NATIONAL CHILD ABUSE: 1-800-253-3873/NATIONAL YOUTH CRISIS: 1-800-442-4673
DOMESTIC VIOLENCE: 1-800-228-7395 * SEXUAL VIOLENCE: 1-800-489-7273

VERMONT SUPPORT LINE: every day 3PM-6AM; call (833) 888-2557 or text (833) 888-2557
SUICIDE CRISIS LINE: 1-800-273-8255; www.suicidepreventionlifeline.org

VT PSYCHIATRIC SURVIVORS: 1-800-564-2106; www.vermontpsychiatricsurvivors.org
NATIONAL ALLIANCE ON MENTAL ILLNESS (VT): 1-800-639-6480; www.namivt.org
SAMSHA HELPLINE: 1-800-662-HELP (4357); http://www.samhsa.gov; 24-hour free & confidential referrals & information about mental and/or substance use disorders services

VT CENTER FOR INDEPENDENT LIVING (VCIL): promoting dignity, independence and civil rights of Vermonters with disabilities. 1-800-639-1522; www.vcil.org
VERMONT FAMILY NETWORK: 1-800-800-4005; www.vermontfamilynetwork.org

VT COALITION OF RUNAWAY/HOMELESS YOUTH PROGRAMS: www.vcrhyp.org
VT NETWORK AGAINST DOMESTIC/SEXUAL VIOLENCE: www.vtnetwork.org
SENIOR HELPLINE: 1-800-642-5119; http://www.vermontseniors.org

VT COALITION TO END HOMELESSNESS: www.helpingtohousevt.org
VT AFFORDABLE HOUSING COALITION: www.vtaffordablehousing.org
HUD-CONTINUUM OF CARE PROGRAM: https://www.hudexchange.info/programs/coc/
NATIONAL ALLIANCE TO END HOMELESSNESS: http://www.naeh.org

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